

# WHERE SHOULD YOU GO FOR CARE?



## PRIMARY CARE

**Your primary care doctor should be your first stop for most healthcare and is the best place to go for non-emergency care.**

- Wellness or preventive medicine visits
- Chronic condition management
- Vaccinations
- Asthma
- Abdominal pain
- Burns / cuts
- Cold / earache / sore throat
- Fractures and sprains
- Flu symptoms (sudden fever, cough, congestion, body aches)
- Fever
- Minor injuries
- Rashes and hives
- Vomiting or diarrhea
- Coordination with specialists

## URGENT CARE



**Use urgent care if your primary care doctor is unavailable and if you cannot or should not wait.**

- Abdominal pain
- Burns
- Cuts that require stitches
- Flu symptoms (sudden fever, cough, congestion, body aches)
- Fractures and sprains
- High fever
- Minor injuries
- Rashes and hives
- Vomiting or diarrhea

## EMERGENCY ROOM



**Emergency rooms are designed to handle life- or limb-threatening conditions.**

- Broken or dislocated bones
- Deep cuts or burns
- Loss of consciousness
- Seizures
- Serious allergic reactions
- Severe trouble breathing
- Trauma injuries
- Chest pain

*These lists are not all-inclusive. Always rely on your best judgment to determine if you need emergency care.*